## A Long-term Perspective for Market Movements

# Strategence 

 Capital
## A History of Market Ups and Downs

## S\&P 500 Index total returns in USD, January 1926-December 2017

Using a 10\% threshold for downturns

 number of months they lasted and the associated cumulative performance for each market period. Results for different time periods could differ from the results shown.

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## A History of Market Ups and Downs

S\&P 500 Index total returns in USD, January 1926-December 2017
Using a 20\% threshold for downturns

 number of months they lasted and the associated cumulative performance for each market period. Results for different time periods could differ from the results shown.
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- Past performance is no guarantee of future results. Indices are not available for direct investment; therefore, their performance does not reflect the expenses associated with the management of an actual portfolio.
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## Many Investors Follow Their Emotions



People may struggle to separate their emotions from their investment decisions.

Following a reactive cycle of excessive optimism and fear may lead to poor decisions at the worst times.

## Reacting Can Hurt Performance

Performance of the S\&P 500 Index, 1990-2017


- In US dollars. For illustrative purposes. The missed best day(s) examples assume that the hypothetical portfolio fully divested its holdings at the end of the day before the missed best day(s), held cash for the missed best day(s), and reinvested the entire portfolio in the S\&P 500 at the end of the missed best day(s). Annualized returns for the missed best day(s) were calculated by substituting actual returns for the missed best day(s) with zero
- S\&P data copyright 2018 S\&P Dow Jones Indices LLC, a division of S\&P Global. All rights reserved. "One-Month US T- Bills" is the IA SBBI US 30 Day TBill TR USD, provided by Ibbotson Associates via Morningstar Direct. Data is calculated off rounded daily index values. Indices are not available for direct investment. Their performance does not reflect the expenses associated with the management of an actual portfolio. Past performance is not a guarantee of future results.


## Distribution of US Market Returns

CRSP 1-10 Index returns by year
1926-2017

 securities listed on the NYSE, AMEX, and NASDAQ exchanges. Indices are not available for direct investment; therefore, their performance does not reflect the expenses associated with the management of an actual portfolio. Past performance is not a guarantee of future results.

## Markets Have Rewarded Discipline

Growth of a dollar_MSCI World Index (net dividends), 1970-2017


A disciplined investor looks beyond the concerns of today to the long-term growth potential of markets.

## Focus on What You Can Control

- Create an investment plan to fit your needs and risk tolerance.
- Structure a portfolio along the dimensions of expected returns.
- Diversify globally.
- Manage expenses, turnover, and taxes.
- Stay disciplined through market dips and swings.

A financial advisor can offer expertise and guidance to help you focus on actions that add value.
This can lead to a better investment experience.

